

**To: US Women and Cuba Collaboration**  
**From: Federation of Cuban Women**  
**Topic: Solidarity and cooperation**

The growing prestige of our country in the world has resulted in increases, each day, of more and more members of solidarity organizations that work all over the world to support our country against defamation campaigns and against all kind of aggressions suffered by our people, as well as showing and explaining the true Cuban reality, experienced by many of the members in the different delegations that travel to our country. In these trips, these enthusiastic friends give their solidarity contributions through their unselfish work in different areas of our economy and in social projects. Cuba has over 2,000 solidarity organizations that work in 149 countries of every continent. Most of these 2,027 groups are in Europe (840) and Latin America and the Caribbean (698).

But we Cubans are not only the recipients of solidarity, we also offer it. In many countries, Cuba has major collaborative projects in several areas of daily life. Many people receive free health consultations, literacy classes, physical culture classes, sports training and even agricultural advice, thanks to the cooperation of Cuban collaborators who currently offer their services in 98 countries—over 37,000 collaborators in the health sector, and about 12,000 in other sectors, such as education, sports and agriculture.

We reaffirm to the whole world that while there remains a single person who needs our solidarity help, we will not disappoint them and they can always count on our collaboration.

We are offering you the thematic sites at the Network in Defense of Humanity to send your signatures for the causes we defend, as well as information about the actions held in your countries:

Free The Five: <http://liberenlos5.cult.cu/>

Everybody with Bolivia: <http://www.todosconbolivia.com/>

Support to Palestine: <http://www.apoyoapalestina.net/>

Support to Honduras: <http://www.todosconhonduras.org/>

*Federation of Cuban Women*  
*November 20, 2009*